



Inspirative.

ARTS

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Welcome to Inspirative Arts!

This information booklet is to tell you more about Inspirative Arts: Who we are, what we do, and how we could work together.

Who We Are

Inspirative Arts Derby Community Interest Company (CIC) is a social enterprise based in Derby City Centre. Since 2009 we have been developing and delivering high quality arts therapies and wellbeing services for vulnerable people and the people who care for them.

Inspirative Development is our training arm, a limited company part owned by Inspirative Arts CIC.

What We Do

Inspirative Arts provides arts therapies and wellbeing arts for children and adults. We have particular expertise of working with people who have:

- Learning and physical disabilities;
- Autism and other communication disorders;
- Emotional and/or behavioural difficulties;
- Memory loss and difficulties with thinking, problem-solving or language;
- Mental health issues.
- Have been involved in the care system.

This includes young people who:

- Are at risk of disengaging from the curriculum;
- Have poor school attendance;
- Are exhibiting challenging behaviour;
- Have difficulties with relationships;
- Have been a victim of abuse or bullying;
- Have low self-esteem, poor body image or are exhibiting hyper sexualised behaviour;
- Have experienced trauma, loss or family breakdowns.

We also support parents/carers, wider family members and others involved in children's care.

What Makes Us Unique?

Inspirative Arts are unique in offering both arts therapies AND creative well-being sessions in one place. Enabling our clients to access both or either services seamlessly to best suit client's current needs. We also use a combination of different creative

techniques to help resolve past issues, nurture well-being and break down verbal communication barriers.

Staff are trained in reflective practice meaning they can provide clients with quality monitoring reports which track their progress as well as informing both parties whether any changes to their service is needed. This evidence-based practice has enabled clients to better seek budgets meaning they are able to access the level of service that best suits their needs. As we believe everyone is unique we tailor our recommendations to fit clients needs and goals. We enhance their potential through a creative journey where self-expression develops client's emotional growth.

To use our unique approach in care we recognise the need for training. At Inspirative Arts we highly value our qualified staff who are all trained to deliver therapeutic arts practices. The interplay between Inspirative Arts' direct service delivery, the qualification levels of our facilitator trainers, and **Inspirative Development's** interactive learning approach provides training opportunities for those working in the health and social care sector. No other training offers such relevant hands on learning.

We understand it isn't always easy for clients to travel. While our facilities are based in Derby, Inspirative Arts also works across the UK and offers sessions off-site. We typically go into schools and care homes across the East Midlands.

Our Mission, Vision and Values

The Inspirative vision is of a world where everyone is valued equally; with every person's voice heard, issues understood and needs met in creative, person-centred ways.

Inspirative Arts' mission is to revolutionise care culture, using the transformative power of creative expressive arts to nurture recovery, resilience and well-being for vulnerable people.

Inspirative Development's mission is to revolutionise care culture by inspiring creativity, communication and compassionate care.

Our values inform all our decision-making and underpin the services we offer. We are:

Caring Empowering Expressive
Inspiring Nurturing Honest Innovative
Sustaining Open Connected Reflective Creative

How We Help

Inspirative Arts' services are delivered at different levels, allied to the Kaiser / Chronic Care Model, this includes working with people one to one or in groups, depending on

their needs. All our clients have an individual needs assessment before we begin our work together. This includes discussing background information; the children's needs, and aims for the therapy work with both the young person and their circle of support. Once a client has been assessed, suitable psychological outcome measures are used to determine progress (we use assessment that has specifically for emotional development based on CORE assessments). These are completed before, during and at the end of the therapy.

Clients are offered the level of service which we believe will best suit their needs. For educational settings this means we can offer a whole range of services targeting different levels of need, enabling you to meet a range of person centred outcomes:

Level of services that Inspirative Arts offer

Level of services overview description:

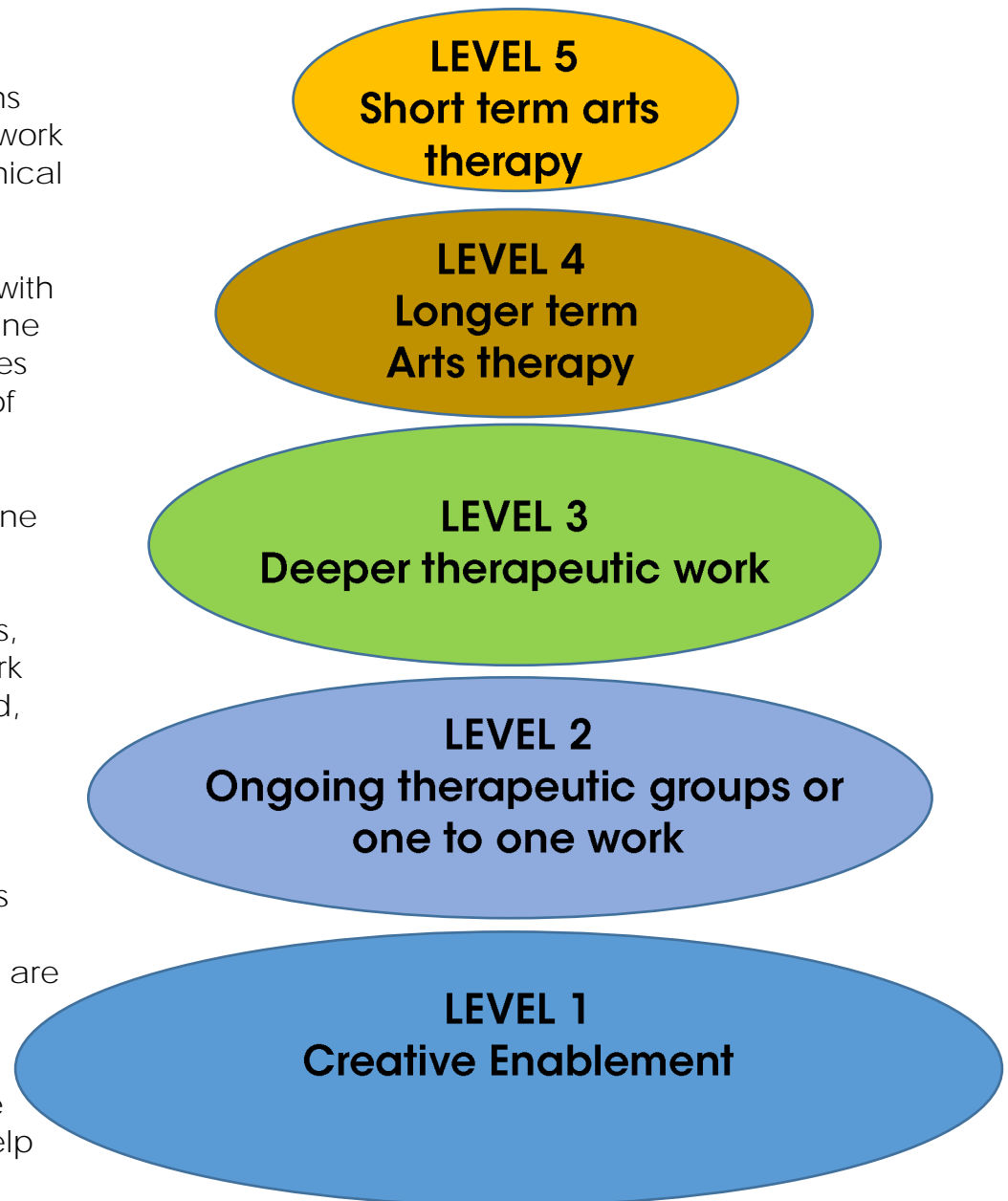
LEVEL 5 – Short term intensive arts psychotherapy interventions for people severely compromised by trauma. Our therapists work closely with the team around a client, producing detailed clinical assessments as required.

LEVEL 4 – Longer term therapy for people struggling to cope with ongoing underlying problems or difficulties, delivered either one to one, or in small, closed groups. Arts based psychotherapies use person-centred, non-verbal, verbal and creative means of expression and exploration.

LEVEL 3 – Deeper therapeutic work, delivered either one to one or in small closed groups; building on personal strengths, confidence and resilience to prevent problems escalating or resurfacing. Facilitators design bespoke therapeutic activities, using the arts to safely contain issues, enabling people to work on positive aspects of self. Individual outcomes are monitored, and quarterly reports provided.

LEVEL 2 – Ongoing therapeutic groups or one to one work; enabling vulnerable people to develop and maintain confidence, self-esteem, resilience and wellbeing. Facilitators deliver arts-based activities which are specifically tailored to address the needs of individual people. Individual outcomes are monitored, and reports produced on request

LEVEL 1 - Creative enablement this level of service is for those who need additional one to one support within a group to help them to be able to fully engage.



Creativity and the Curriculum

“All state-funded schools must provide a broad and balanced curriculum that promotes the spiritual, moral, cultural, mental and physical development of pupils. Experiencing and understanding culture is integral to education.” (DCMS, The Culture White Paper, 2016)

The national curriculum also states that ‘all schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice’. PSHE education contributes to schools’ statutory duties outlined in the Education Act 2002 and the Academies Act 2010 to provide a balanced and broadly-based curriculum and is essential to Ofsted judgements in relation to personal development, behaviour, welfare and safeguarding. (PSHE Association, 2016).

Many schools have now implemented an enrichment programme to complement their core curriculum subjects.

Inspirative Arts offers a unique and engaging blend of arts based engagement which is specifically designed to promote:

- Creative expression and communication
- Increased confidence and aspiration
- Emotional resilience
- Community and social cohesion
- Healthy relationships
- Anger and stress management
- Life skills and coping strategies

We work with schools to develop bespoke programmes tailored to the needs of participating pupils. We work creatively, using the arts to explore ongoing wider well-being or specific themes, for example:

- Healthy body image
- Self-care & self-harm (including substance misuse)
- Managing exam stresses
- Gang culture and bullying
- Citizenship and community relationships

Our Expert Team

Our Well-being staff are all qualified in using the arts to either support or facilitate one to one or group sessions. Whilst most hold at least a degree level in the relevant field they also hold additional qualifications and have years of experience. Our therapists are all qualified to a minimum of Masters level, regulated by HCPC, and registered with their appropriate professional body (British Association of Dramatherapists, British Association of Art Therapists etc). All our staff are DBS checked, receive regular clinical supervision, are fully insured, and fully trained in addressing safeguarding and a wide variety of other issues which might arise in our work.

Our Evidence Based Approach

We are a research led organisation. All our work is based on the most up-to-date clinical knowledge and evidence base. We work closely with the University of Derby, engage in our own clinical research work, and are at the forefront of developing our sector nationally.

What Happens In Our Sessions?

Our creative arts sessions are fun and engaging, but they also serve a deeper purpose. Working with our skilled professionals means that with us the arts are a vehicle self-expression, personal development, resilience and healing. Our focus is on achieving individualised outcomes for each person taking part, not making great art work or learning a craft. This includes:

- Building a relationship between our therapist and each child through playing, being creative – and talking too!
- Using the whole array of art forms, including drama, art, music and movement dependent upon the most appropriate medium for the client.
- Using the creative expressive model, focusing on positive aspects of self (both physically and mentally), enabling each child to recognise their individual strengths and full potential.
- Stimulating communication through voice, drama and sensory activities, repairing and developing trust in relationships with others.
- Providing less threatening means of exploring emotionally difficult subjects using the safety and distance of metaphor.
- Supporting children to recognise emotions in themselves and others, and encouraging them to express and explore these in healthy ways, reforming health attachments with people who are important in their lives.

Inspirative Arts uses creativity to change lives.

Focusing on Outcomes

For our Creative Expressive Therapy services (levels 1-3), the most common agreed outcomes upon referral and assessment are:

- Developing communication skills
- Improving wellbeing and happiness
- Enhancing confidence and self-esteem
- Engaging in meaningful creative activity
- Increasing social skills
- Participating in intensive interaction
- Promoting identity and awareness in relation to self, others and the environment

For our therapy services (levels 4-5), the most common agreed outcomes upon referral and assessment are:

- To support in managing difficult transitions / change
- Reducing violent behaviours to self / others
- Support in self-regulation of emotions
- Support in managing separation anxieties
- Long term wellbeing
- Reduction in crime
- Rebuild confidence and self esteem
- Support in rebuilding a happier home environment
- Exploring themes around body image
- Support following a bereavement
- Addressing trauma
- Reducing anxiety and stress

Our Record of Success

We are an approved provider on delivery frameworks with both Derby City and Derbyshire County Councils for provision of services for children with learning difficulties, additional needs, and significant life problems in the area.

Since April 2015 we have successfully delivered individual and family based therapy to more than 40 children and young people through the Derby City Council Early Intervention and Help framework. This provides intensive intervention for children and young people experiencing acute problems with:

- Involvement with crime or anti-social behavior
- Failure to attend school
- Exhibiting acute emotional or behavioural problems
- Family experiences of worklessness and financial exclusion
- Families affected by domestic violence and abuse
- Families with a range of health issues

Recorded outcomes for these children include:

- Reductions in anti-social behavior
- Re-engagement with school or college
- Developing self-regulation and coping strategies, reducing problem behavior
- The opportunity to process and come to terms with difficult and traumatic experiences, mitigating the long-term impact of these experiences on the young person's life.

We have also worked in schools across Derby, Derbyshire, Nottingham and Nottinghamshire. Monitoring data provided by partner schools demonstrates pupils who have worked with us demonstrate:

- Massively improved behaviour

- The ability to talk about their issues
- Increased confidence and self-esteem
- The ability to communicate with each other calmly
- Working together better
- Reduced anxiety
- Improved learning and increased attainment

Recorded outcomes from school based programmes, including our highly successful Children in Need project, include:

Safe space:

- Each child shared that they felt listened to.
- They felt it easier to share with somebody external from the school.
- The creative expressive approach felt safe and accessible, providing therapeutic distance when tackling challenging topics.

Relationship skills:

- Children shared that they no longer felt isolated.
- Clients learnt the ability to negotiate and consider other people's needs.
- Newly found communication skills meant that children were able to express their thoughts and feelings.

Self-expression:

- Therapeutic activities allowed new forms of expression to be experimented with.
- The sessions were focused on understanding emotions, equipping children with coping strategies to feel more resilient when faced with challenging situations.

Our Children In Need Grant Monitoring Officer observed:

"I could see that the therapeutic arts groups enabled children to become more able to express themselves (in less violent and harmful ways), that they developed social and relationship skills (instead of feeling alone and isolated) and increased their self-worth and confidence.

This is a really good example of a small grant making a big difference for children and young people."

Working With You

We are committed to partnership working, and work with each individual school, family and child to tailor our services to absolutely meet your needs. We work closely with other professionals locally, including participating in Team Around the Family meetings as required. We also support schools and families in securing additional budgets (Education Health Budgets, PIPs, grants etc) from local authority, healthcare partners, and charitable organisations as appropriate, enabling people to access our work in a healthy and sustainable way.

The following pages give more detail about each level of service we provide, and the likely costs of each service. Please note – Payments can be made by BACS transfer or by cash/cheque, however a £5.00 administration charge to cash/cheque payments.

Level 5

Level 4

Arts Therapies

Arts psychotherapy (dramatherapy, art therapy, music therapy or dance and movement therapy) for people who are experiencing trauma.

Facilitated by fully qualified, HCPC registered arts psychotherapists, these service support people to process current or past trauma, beginning the journey back to well-being.

Arts based psychotherapies use non-verbal, verbal and creative means of expression and exploration. Our therapists tailor techniques to enable each client to explore their issues. This might include drama, art, music and movement - whichever is most appropriate for you.

Sessions give people a safe place to explore and express emotions within a therapeutically contained space. This aids recovery, equips people with life skills, and builds personal resilience. Clients have the opportunity to recover their self-esteem, confidence, independence and awareness.

Level 5

Level 5 therapy services are offered in intensively focused time-limited programmes (we recommend 12 sessions). These are appropriate for clients who are perhaps receiving a range of interventions, and include formal liaison with other agencies who are supporting a client. Level 5 therapies are delivered on a one to one basis, although sessions might also occasionally include family members or other people who are significant in a client's life.

Level 4

Level 4 therapy services are offered to people on a longer term basis (more than 12 sessions). These are appropriate for clients who wish to take longer to process their issues, are not receiving other interventions, or have multiple issues to address. Level 4 therapies are delivered on a one to one basis, or in small therapy groups appropriate to client's needs.

Acceptance into our Arts Therapies programmes is subject to a clinical assessment. If our assessing therapist does not feel therapy will meet the needs of a person at this time they may be offered an alternate service.

Level 5 & level 4 one to one arts therapies sessions generally last for one hour each. When being delivered as a group at level 4 the sessions can last between one to two hours.

Creative Wellbeing One to One Session

One to one creative, expressive wellbeing sessions for people who are recovering from trauma or noticing a decline in their wellbeing.

Our level 3 Creative Well-being Specialist staff typically have degree level in the relevant arts in health course. They would have years of experience and hold additional specialisms within the therapeutic practice. They are skilled at supporting and holding difficult behaviours or taboo subjects and can offer a unique programme specific to that person or group to achieve their outcomes and goals.

Sessions are tailored to suit the needs and abilities of the client. We focus on giving people a safe space for artistic expression, addressing taboo subjects, facilitating communication, nurturing self-esteem, building a sense of belonging, tackling difficulties and restoring well-being. Our facilitators use a mix of art forms - art, music, dance and drama - specifically tailored to the engagement style of the person they are working with.

Creative Expressive Wellbeing one to one sessions are ideally suited to people who need in depth support to cope with difficulties and prevent them escalating, and who might find it difficult to work in a group. This might include people whose behaviour might distress or disrupt the engagement of other clients in a group setting.

The only people who might be excluded from one-to-one work are people whose behaviour poses a risk to our staff. In these instances, we may suggest that people also purchase a level 1 "Added Support" package, enabling a safer two to one ratio in their sessions.

The facilitator will provide quarterly overview reports based on their weekly reflections that monitors your journey with us. The reports will map progress against the named outcomes using person-centred assessment tool. We also advocate effective communication between client and their circle of support to inform facilitator of any significant life changes or impacts that could affect the client's wellbeing. Inspirative Arts will offer recommendations and suggestions to support the client's well-being beyond the session they have with us.

Level 3

Creative Wellbeing Group

Small creative, expressive wellbeing groups for people who are recovering from trauma or noticing a decline in their wellbeing.

Facilitated by Creative Well-being Specialist who will have degree level in the relevant arts in health course. They would also have years of experience and hold additional specialisms within the therapeutic practice. They are skilled at supporting and holding difficult behaviours or taboo subjects and can offer a unique programme specific to that person or group to achieve their outcomes and goals.

Workshops are designed to suit the needs and abilities of group members. We focus on giving people a safe space for self-expression, facilitating communication, nurturing self-esteem, building a sense of community, tackling difficulties and restoring well-being. Our team use a mix of art forms - art, music, dance and drama - specifically tailored to the engagement styles of group members.

Creative Expressive Wellbeing Groups are ideally suited to people who need in depth support to cope with difficulties and prevent them escalating. People whose behaviour might distress or disrupt the engagement of other clients will be offered one to one support instead of group engagement. Spaces might be limited, because we typically have no more than 8 consistent clients in a group, ensuring each client benefits from personalised attention.

The facilitator will provide quarterly overview reports based on their weekly reflections that monitors your journey with us. The reports will map progress against the named outcomes using person-centred assessment tool. We also advocate effective communication between client and their circle of support to inform facilitator of any significant life changes or impacts that could affect the client's wellbeing. Inspirative Arts will offer recommendations and suggestions to support the client's well-being beyond the session they have with us.

Level 2

Creative Interaction One to One Sessions

Creative expressive one to one well-being sessions, using intensive interaction techniques to nurture engagement, stimulate communication, facilitate expression and enhance wellbeing.

Our level 2 Creative Well-being Facilitator would have gained a minimum level 4 qualification in the relevant arts in health practice. They can facilitate one to one sessions working towards specific outcomes to help individuals achieve their goals and support maintaining and developing their well-being.

One to one sessions offer positive, engaging, meaningful activities. Sessions are designed to suit the needs and abilities of the individual person. We focus on engaging the client, facilitating communication and self-expression, nurturing self-esteem, building a sense of belonging, enhancing well-being and enjoying ourselves. Our team use a mix of art forms - art, music, dance and drama - coupled with intensive interaction techniques to facilitate stimulating, meaningful activities.

Creative Expressive Interaction One to One sessions are ideally suited to people with a range of learning difficulties, challenging behaviour, and physical or sensory impairments; who feel unable to work in a group setting and need more intensive support. This might include people whose behaviour might distress or disrupt the engagement of other clients in a group setting.

The only people who might be excluded from one-to-one work are people whose behaviour poses a risk to our staff. In these instances we may suggest that people also purchase an "Added Support" package, enabling a safer two to one ratio in their sessions.

The length of creative expressive interaction one to one sessions varies according to client needs.

The facilitator will provide quarterly overview reports based on their weekly reflections that monitors your journey with us. The reports will map progress against the named outcomes using person-centred assessment tool. We also advocate effective communication between client and their circle of support to inform facilitator of any significant life changes or impacts that could affect the client's wellbeing. Inspirative Arts will offer recommendations and suggestions to support the client's well-being beyond the session they have with us.

Level 2

Creative Small Wellbeing Group

Creative expressive wellbeing groups using intensive interaction techniques to nurture engagement, stimulate communication and facilitate expression.

Our level 2 Creative Well-being Facilitator would have gained a minimum level 4 qualification in the relevant arts in health practice. They can facilitate group workshops that bring people with similar needs together to share in positive, engaging, energising activities.

Workshops are designed to suit the needs and abilities of group members, with no more than 6 people per group. We focus on engaging people, facilitating communication and self-expression, nurturing self-esteem, building a sense of community, enhancing well-being and enjoying ourselves. Our team use a mix of art forms - art, music, dance and drama - coupled with intensive interaction techniques to facilitate stimulating, meaningful activities for everyone who attends.

Creative Expressive Interaction Groups are ideally suited to people with profound and multiple learning difficulties, challenging behaviour, and physical or sensory impairments; who are able to work in a group setting but need more intensive support.

People whose behaviour might distress or disrupt the engagement of other clients will be offered one to one support instead of group engagement.

Spaces might be limited, because we never have more than 6 consistent clients in a group, ensuring each client benefits from personalised attention.

The facilitator will provide quarterly overview reports based on their weekly reflections that monitors your journey with us. The reports will map progress against the named outcomes using person-centred assessment tool. We also advocate effective communication between client and their circle of support to inform facilitator of any significant life changes or impacts that could affect the client's wellbeing. Inspirative Arts will offer recommendations and suggestions to support the client's well-being beyond the session they have with us.

Creative Wellbeing Group

Creative, meaningful, expressive groups; using art, music, movement and drama to build confidence, self-esteem and friendships and nurturing wellbeing.

Our level 2 Creative Well-being Facilitator would have gained a minimum level 4 qualification in the relevant arts in health practice. They can facilitate group workshops that bring people with similar needs together to share in positive, engaging and meaningful activities.

Workshops are designed to suit the needs and abilities of group members, with no more than 8 people per group. We focus on nurturing self-esteem, fostering belonging, building a sense of community, enhancing well-being and enjoying ourselves. We have groups which specifically focus on using one art form - art, music, dance or drama, and groups that use an expressive mix of all the arts.

Creative Expressive Wellbeing Groups are ideally suited to people with mild to moderate learning disabilities, autism, mental health difficulties, and physical or sensory impairments; who are able to work in a group setting with shared support. If someone faces more profound difficulties or needs greater support we would suggest one of our other more supported services. Spaces might be limited, because we never have more than 8 clients consistently attending the group, ensuring each client benefits from personalised attention. Creative Expressive Wellbeing Groups generally last 2 hrs.

The facilitator will provide quarterly overview reports based on their weekly reflections that monitors your journey with us. The reports will map progress against the named outcomes using person-centred assessment tool. We also advocate effective communication between client and their circle of support to inform facilitator of any significant life changes or impacts that could affect the client's wellbeing. Inspirative Arts will offer recommendations and suggestions to support the client's well-being beyond the session they have with us.

Level 2

Creative Community Group (open group)

Creative, meaningful, expressive groups; using art, music, movement and drama to build confidence, self-esteem and friendships, nurturing wellbeing.

Facilitated by Creative Well-being Facilitator a fully qualified Creative Expressive Wellbeing graduate and any supporting staff are trained to enable people to engage. These expressive, fun and meaningful workshops bring people with similar needs together to share in positive, energising, arts-based activities. Workshops are designed to suit the needs and abilities of group members. We focus on building a sense of community, nurturing self-esteem, fostering belonging, enhancing well-being and enjoying ourselves. We have groups which specifically focus on using one art form - art, music, dance or drama, and groups that use an expressive mix of all of the arts.

Creative Expressive Wellbeing Groups are ideally for those who can independently access our service. If someone faces more profound difficulties or needs greater support, we would suggest one of our other more supported services. Spaces might be limited, as the group size will be determined by the discretion of the facilitator to ensure quality of service. Creative Expressive Wellbeing Groups generally last 2 hrs and are typically run with a minimum of eight people and up to 12.

Level 2 workshops for independent people involve meaningful activities designed around the general needs of participants. These workshops are more appropriate for places where attendance might be ad-hoc or 'drop in', with different individuals participating each week. This service does not involve regular reflective reporting.

Level 1

Added Support Package

Creative Wellbeing Enabler could be added to another package to provide a 2 to 1 ratio in one to one sessions, or 1-1 support in group settings.

An additional trained worker who can be added to another package to increase staff ratios. This might be useful for clients who exhibit extremely challenging behaviour thus might need 2 to 1 support in 'one to one' sessions, or clients who would like to engage in a group but need one to one support to do so. This provides an alternative to clients with higher levels of need bringing their own carer. Please note, expressive enablers provided under an Added Support Package are unable to provide personal care. They do however help overcome restrictions a person might otherwise face, as they receive an increase support ratio and have access to 1-1 enablement.

Level 1

Added Care Support Packages

An added Creative Wellbeing Enabler who is trained in providing personal care as well as holding relevant experience and qualification to level 2 in activity provision for social care.

An additional trained worker who can be added to another package to increase staff ratios. This might be useful for clients who need personal care whilst on our premises, but who are not bringing their own carers with them. This person will be able to support one to one to enable someone to engage in the session more fully and provide the personal care as and when it is needed.

Answers to Frequently Asked Questions:

How often should we run the sessions?

We recommended weekly sessions to ensure consistency and opportunities for personal development.

Do we have to ensure our own staff are present in the sessions?

This will depend on client – facilitator ratios and specific client needs. Please talk to us about this.

If one client is unable to attend, can we replace the place with another client?

For our level 2 groups this may be possible by prior negotiation with your facilitator. We would need to consider the well-being of both the individual and existing clients.

Higher level groups require greater boundaries to ensure the students psychological safety and containment. This provides them with a suitable therapeutic space allowing them to engage in the process fully. Therefore groups would remain 'closed' and it would not be appropriate to introduce new participants once the group is formed.

How do clients pay for it?

Many people use pupil premium, secure educational support plans or personal budgets to cover the costs of their time with us. Others secure funding through council frameworks (for example 'Priority Families'), or other public sector or charitable sources. Some people pay for services themselves. We are happy to provide written information or meet with other professionals to support you in negotiating budgets to meet your needs. Please do let us know if you need this support.

Any other questions?

For more information please do feel free to contact us for a chat on 01332 208 706.

Our Training Support

Inspirative Development is our training arm, a limited company part owned by Inspirative Arts CIC.

Inspirative Development's mission is to revolutionise care culture by inspiring creativity, communication and compassionate care.

The interplay between Inspirative Arts' direct service delivery, the qualification levels of our facilitator trainers, and **Inspirative Development's** interactive learning approach adds a richness to our training which few other providers can match.

Inspirative Development delivers inspiring training and empowerment for educational staff covering issues such as:

- Understanding meaningful activity: Including understanding brain development & how to maximise brain activity;
- Gaining better understanding of children's needs and motivation;
- Exploring key theories, including attachment styles, and learning how to use this knowledge in creating effective engagement plans;
- Using creativity to promote health, wellbeing, self-esteem, effective communication and expression;
- Improving interpersonal skills;
- Using reflective practice for personal and professional development, self-care and wellbeing;
- Experiential learning in Creative Expressive & Play Therapies.

We offer bespoke training for educational settings, and run BTEC level 2&3 qualifications and a Creative Practitioner Diploma in partnership with Derby University.

Inspirative Development's training for staff can also be delivered at Inspirative House, in your own setting, or in another community venue.

What Else Do I Need To Know?

Inspirative Arts has a full range of policies and procedures in place to ensure you receive the best possible service and the highest quality care when you are with us. These include:

- Client Safety Policies (including safeguarding, health & safety, and mental capacity policies)
- Confidentiality and Data Protection Policies
- Core Values Policies (including equality and diversity, and policies outlining recruitment, selection and working practices for staff)
- Quality Policies (including our complaints policy)

All our policies are available for you to read in our offices at Inspirative House, and we are happy to provide copies on request.

You will be asked to sign a contract when you begin working with us. This ensures both parties fully understand our commitments to each other and enshrines your rights and responsibilities as a valued customer of Inspirative Arts.

Where to find us

Inspirative Arts' services are delivered from our own centre at Inspirative House, Canal St, Derby city centre. This is a safe, welcoming, accessible venue packed with lots of stimulating creative resources for clients to enjoy. A private space is available for clients who need personal care.

Some educational settings choose to bring clients to us, as they find the change of space gives their students an additional source of stimulation and enjoyment.

Alternatively, we can bring our services out to you. We work in community venues and clients' own settings (ie, people's own home, schools, day centres and care-homes).

How to contact us

If you would like to find out more about how we could work with you please phone us on 01332 208 706, or drop us an email at info@inspirativearts.co.uk. We would be happy to discuss your organisation, students and staff and what you would like to achieve through working with us.